

## Table of canned with less than 7% of calories coming from carbohydrates

Food	Kilocalories (kcal or Calories) per 5.5 oz can*
<i>Addiction</i>	
Buffalo meatloaf	
<i>Artemis</i>	
Chicken	248
Turkey and Giblets	248
<i>Authority</i>	
Chicken	210/6oz
Sliced chicken in sauce	206
Turkey and Giblets	216
Whitefish	193
Catfish	189
Chicken and Liver- Kitten	211
Lamb and Rice	185
Senior Catfish and Rice	190
<i>Avoderm</i>	
Salmon/Consomme	82/3oz
Sardines in Consomme	68/3oz
Swordfish/Consomme	62/3oz
Tuna and Prawns	71/3oz
Tuna + Chicken with Vegetables	81/3oz
<i>Best Feline Friends</i>	
Tuna and Chicken	65/3oz
Tuna and Salmon Soulmates	65/3oz
Tuna and Shrimp Sweethearts	65/3oz
Tuna Too Cool	62/3oz
Tuna and Bonito Be Mine	64/3oz
Tuna and Pumpkin Valentine	63/3oz
Tuna and Chicken Chuckles	65/3oz
<i>California Naturals</i>	
Salmon and Sweet Potato	203
<i>Eukanumba</i>	
Kitten- Entrée with Gourmet Chicken	113/3oz
Adult- Entrée with Gourmet Chicken	177
Adult- Entrée with Pacific Salmon	187
<i>Evo</i>	
Turkey/Chicken cat/Kitten	200
95% Chicken and Turkey	210
95% Beef	210
95% Venison	218
95% Duck	217
<i>Evolve</i>	
Chicken	188
Turkey	189
Seafood	193

<b>Food</b>	<b>Kilocalories (kcal or Calories) per 5.5 oz can*</b>
<i>Fancy Feast</i>	
Chicken	188/3oz
Turkey	189/3oz
Seafood	193/3oz
Classic: Chopped Grill Feast	91/3oz
Classic: Cod/Sole/Shrimp Feast	83/3oz
Classic: Chicken Feast	91/3oz
Classic: Salmon and Shrimp Feast	89/3oz
Classic: Seafood Feast	87/3oz
Classic: Ocean Whitefish and Tuna Feast	82/3oz
Classic: Savory Salmon Feast	97/3oz
Tender: Beef Feast	93/3oz
Tender: Beef and Chicken Feast	94/3oz
Tender: Beef and Liver Feast	94/3oz
Tender: Liver and Chicken	80/3oz
Flaked: Fish and Shrimp Feast	89/3oz
Flaked: Trout Feast	107/3oz
Chunky: Chunky Chicken Feast	90/3oz
Chunky: Chunky Turkey Feast	87/3oz
Chunky: Chunky Chopped Grilled Feast	94/3oz
Kitten: Tender Turkey Feast	92/3oz
Kitten: Tender Ocean Whitefish Feast	84/3oz
Turkey and Giblets Feast	94/3oz
<i>Friskies</i>	
Classic Pate: Salmon Dinner	185
Classic Pate: Mariner's Catch	169
Special: Beef and Chicken Entrée	181
Special: Beef and Liver Entrée	181
Special: Turkey and Giblets Dinner	166
Special: Whitefish Dinner	172
Special: With Salmon	149
Special: Sliced Chicken in Gravy	138
<i>Halo</i>	
Spot's Pate Chicken	196
Spot's Pate Whitefish	154
<i>Hounds and Gatos</i>	
Chicken	202
Pork	202
Rabbit and Duck Liver	161
Lamb/Chicken/Salmon	195
Trout and Duck Liver	176
Lamb and Duck Liver	193
Salmon	176

<b>Food</b>	<b>Kilocalories (kcal or Calories) per 5.5 oz can*</b>
<i>Merrick</i>	
Cowboy Cookout Cat	162
Southern Delight	146
Surf N Turf	160
BG 96%-Cat-Beef	76/3.2oz
BG 96%-Cat-Chicken	89
BG 96%-Cat-Quail and Chicken	79
BG 96%-Cat-Salmon	90
BG 96%-Tuna	82
BG 9%-Turkey	85
<i>Nature's Logic</i>	
Chicken	241
Rabbit	252
Duck and Salmon	229
<i>Natural Balance</i>	
Stews: Catatouille	45/3oz
Stews: Life's a Beach	70/3oz
Stews: Purrfect Paella	55/3oz
Stews: O'Fishally Scampi	45/3oz
Stews: Sea Brulee	50/3oz
<i>Nature's Variety</i> (Instinct line is grain-free)	
Instinct: Chicken	202
Instinct: Beef	214
Instinct: Lamb	238
Instinct: Duck	205
Instinct: Rabbit	220
Instinct: Venison	222
<i>Pinacle</i>	
Chicken and Ocean Fish	196
Chicken and Tuna	183
Ocean Fish	170
<i>Precise</i>	
Mixed Grill	207
<i>Pro Plan</i>	
Chunky Chicken Entrée	89/3oz
Chicken and Liver Entrée	98/3oz
Whitefish and Salmon	91/3oz
Kitten: Chicken and Liver	98/3oz
Kitten: Whitefish and Tuna	99/3oz
Kitten: Salmon and Ocean Fish	99/3oz
Selects: Chicken and Brown Rice	94/3oz
Selects: Chicken and Brown Rice- Kitten	98/3oz
Selects: Salmon and Brown rice	99/3oz
Selects: Cod and Shrimp Entrée	93/3oz
Senior: Salmon and Tuna Entrée	

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<i>Purina One</i>	
Chicken Pate	93/3oz
Turkey Pate	95/3oz
Beef Pate	95/3oz
Whitefish Pate	87/3oz
<i>Soulistic</i>	
Can: Double Happiness	66/3oz
Can: Polynesian Picnic	68/3oz
Can: Celestial Feast	75/3oz
Can: Upstream Dream	69/3oz
<i>Tiki</i>	
Chicken: Puka Puka Luau	182/6oz
Chicken: Koolina Luau	136
Fish: Hawaiian Grill	172
Fish: Lanai Luau	153
Fish: Manana Grill	187
Fish: Bora Bora Luau	126
Fish: Hanalei Luau	150
Fish: Nana Luau	177
Fish: Tahitian Grill	179
Fish: Makaha Luau	129
<i>Trader Joe's</i>	
Tuna	
<i>Triumph</i>	
Turkey	223
<i>Wellness (for Grain-Free, look for yellow triangle)</i>	
Grain-free: Kitten	223
Grain-free: Chicken	220
Grain-free: Turkey	218
Grain-free: Beef and Chicken	194
Grain-free: Turkey and Salmon	182
Grain-free: Chicken and Herring	189
Grain-free: Beef and Salmon	196
Core-grain-free: Kitten	195
Core-grain-free: Turkey and Duck	188
Core-grain-free: Beef, Venison and Lamb	210
<i>Weruva</i>	
Seafood: Marbella Paella	136
Seafood: Outback Grill	135
<i>Ziwipeak</i>	
Lamb	220/6oz
Venison	197/6oz
Venison and Fish	198/6oz
Lamb and Rabbit	207/6oz

Visit [catinfo.org](http://www.catinfo.org/docs/Feeding%20Your%20Cat%20-%204%20pages%2011-13.pdf) (<http://www.catinfo.org/docs/Feeding%20Your%20Cat%20-%204%20pages%2011-13.pdf>) for more information on why feline specialists feel canned food is healthier for cats

\*most cats should receive ~250kcal per day, though this can vary depending on your cat's lifestyle. Please consult your veterinarian as to the ideal diet for your cat.